

Lewiston Elementary School

BREAKFAST & LUNCH

September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <u>BREAKFAST IS:</u> Potato Egg and Cheese Bake Fruit <u>LUNCH IS:</u> Hamburgers and Baked Beans	2 <u>BREAKFAST IS:</u> Blueberry Muffin <u>LUNCH IS:</u> Tuna Sandwich, Veggies and Chips
5 No School Labor Day	6 <u>BREAKFAST IS:</u> Granola Bar Yogurt <u>LUNCH IS:</u> Fiesta Dip& Chips Cheese, sour cream, salsa	7 <u>BREAKFAST IS:</u> Biscuits and gravy Sausage <u>LUNCH IS:</u> Hamburger Lettuce ,tomato, pickles	8 <u>BREAKFAST IS:</u> Cereal String Cheese <u>LUNCH IS:</u> Chicken Alfredo Bread stick Broccoli	9 <u>BREAKFAST IS:</u> French Toast sticks Yogurt <u>LUNCH IS:</u> P B & J Sandwich Carrots/ranch
12 <u>BREAKFAST IS:</u> Cereal String Cheese <u>LUNCH IS:</u> Chili/cheese Corn bread	13 <u>BREAKFAST IS:</u> Bagel ,cream cheese Peanut butter or jelly <u>LUNCH IS:</u> Chili Verde Burrito /cheese, corn	14 <u>BREAKFAST IS:</u> Sausage & Cheese Breakfast pizza <u>LUNCH IS:</u> Corn Dog French fries	15 <u>BREAKFAST IS:</u> Cereal Cottage Cheese <u>LUNCH IS:</u> Pizza Green Beans	16 <u>BREAKFAST IS:</u> Waffles Yogurt <u>LUNCH IS:</u> Turkey Sandwich Pickles Cucumbers/ranch
19 <u>BREAKFAST IS:</u> Cereal String Cheese <u>LUNCH IS:</u> Macaroni & Cheese	20 <u>BREAKFAST IS:</u> Granola Bar Yogurt <u>LUNCH IS:</u> Chicken Tacos Lettuce ,cheese ,salsa	21 <u>BREAKFAST IS:</u> Scrambled ,egg ,ham, cheese ,toast <u>LUNCH IS:</u> BBQ pork Sandwich corn	22 <u>BREAKFAST IS:</u> Cereal Cottage Cheese <u>LUNCH IS:</u> Spaghetti ,meat sauce Bread stick	23 <u>BREAKFAST IS:</u> French Toast Bake Yogurt <u>LUNCH IS:</u> Grilled Cheese Tomato soup
26 <u>BREAKFAST IS:</u> Cereal String Cheese <u>LUNCH IS:</u> BBQ pork Sandwich Mixed vegetables	27 <u>BREAKFAST IS:</u> Breakfast burritos salsa <u>LUNCH IS:</u> Taco Salad Lettuce,cheese, salsa, sourcream	28 <u>BREAKFAST IS:</u> Granola Bar yogurt <u>LUNCH IS:</u> Chicken Sandwich Lettuce/pickles	29 <u>BREAKFAST IS:</u> Cereal Cottage Cheese <u>LUNCH IS:</u> Pizza Baby Carrots/ranch	30 <u>BREAKFAST IS:</u> Pancakes and Sausage, Juice <u>LUNCH IS:</u> P B & J Sandwich, Veggies and Pretzels

Menu subject to change.

A variety of milk and fruit served daily.

Variety of Vegetables Served
Monday – Friday

“THE USDA AND THE CDE ARE EQUAL OPPORTUNITY PROVIDERS AND EMPLOYERS”